

# 2015 - 2016 Athletic Season

Sir John A. Macdonald Coaches,

If you are a returning coach, welcome back! If you are new to our athletic program, welcome aboard!

I would like to take this opportunity to thank you for offering to share your time, guidance, and expertise with the student athletes of Sir John A. Without your efforts, we would not have an athletic program.

This handbook is designed to inform you of the current policies affecting athletics at Sir John A. These policies are from the Nova Scotia School Athletic Federation (NSSAF), the Metro High School Athletic Association (MHSAA), the Halifax Regional School Board (HRSB), and Sir John A. Macdonald High School (SJA).

All school sport in Nova Scotia is governed by the NSSAF, so we are bound to follow their ethics, beliefs and procedures. The MHSAA governs sport in the HRM and helps to enforce and support the policies of the NSSAF. The HRSB has several very important policies that must be adhered to, and SJA has its own policies that relate to our student athlete population.

I hope you find this handbook useful and informative.

Best of luck to all this season.

Go Flames Go!



Regards,

Scott Pellerine

SJA Athletic Director